

July 13, 2019

2019 Open and Masters Championship Results

110 Hurdles

M19-29: Clyde Peters, 19.64.

M30-34: Mark Unciano, 17.10.

400 Hurdles

M30-34: Mark Unciano, 1:10.71.

100 Meters

M19-29: Clyde Peters, 13.18.

M30-34: Mark Unciano, 11.97.

M35-39: Sean Gwi, 12.52.

M50-51: James Williams, 13.91.

M70-74: Lionel Parker, 17.32.

200 Meters

M19-29: Luke Kazlauskas, 23.70; Clyde Peters, 27.40.

M30-34: Mark Unciano, 25.36.

M50-54: James Williams, 29.12.

M60-64: Francis Mukai, 33.87.

M70-74: Ron Pate, 36.63.

400 Meters

M19-29: Luke Kazlauskas, 53.53.

M70-74: Ron Pate, 1:23.14.

800 Meters

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M19-29: Joshua Ilustre, 2:03.24.

M35-39: Brian Sperlongano, 2:40.71.

M50-54: Pete Boksanski, 2:21.80.

M60-64: Ronald Heller, 3:47.02.

M70-74: Ron Pate, 3:47.02.

Mile Championship

M50-54: Pete Boksanski, 5:06.96;

M55-59: Jonathan Lyau, 5:21.01; Louis Tomsic III, 6:51.97.

M60-64: Ronald Heller, 8:22.32.

3000 Meters

M35-39: Brian Sperlongano, 13:13.50.

M55-59: Louis Tomsic III, 14:44.80.

Shot Put

M60-64: William Melemai III, 9.25m; Joseph Washington, 8.02m; Ronald Heller, 6.96m.

Discus

M50-54: Ken Kidani, 30.53m.

M60-64: William Melemai III, 36.56m.

M70-74: Michael McCrary, 25.10m; Lionel Parker, 22.19.

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Long Jump

M19-29: Luke Kazlauskas, 6.00m.

M60-64: Francis Mukai, 4.36m.