ENTRY FORM & WAIVER RELEASE for USATF-HAWAII ASSOCIATION
2019 JUNIOR OLYMPIC CROSS COUNTRY

Name_____ _____ _____ GENDER

LAST FIRST MIDDLE INITIAL ☐ MALE ☐ FEMALE

Address_____

City_____ State_____ Zip_____

Telephone: (H)_____ (W)_____

USATF Club Name (If none leave blank)_____

USATF Card No./___/___/___/___/___/___/___/___/___/___/ BIRTH DATE_____/_____/_____

Month Day Year

ATHLETE'S RELEASE & WAIVER OF LIABILITY

I/WE AGREE to comply with the rules, regulations and event instructions of USA Track and Field (USATF.
I/WE UNDERSTAND that running a cross country course is a potentially hazardous activity and can result in injury. I am aware of and assume all risks associated with running and participation in this event.
In CONSIDERATION of this entry being accepted, I/WE shall be legally bound and do release for myself, heirs, executors and personal representatives any claim for loss, injury or damage which might occur during participation in this event and do hereby release from any claim USA Track and Field (USATF), Hawaii Association, City and County of Honolulu, State of Hawaii, meet officials and volunteers.
I/WE CONSENT to receive First Aid treatment (to include calling 911 Emergency Medical Services) in the event of illness or injury suffered by me in this event.

_____ OR _____ _____

Signature- Athlete Signature-Parent/Guardian (IF ATHLETE IS YOUTH) DATE

AGE DIVISIONS

	Band Color	Year of Birth	Age Division	Distance
☐	**Red**	**2013 or later**	**6 and under Division**	**1 KM**
☐	**Purple**	**2011 or 2012**	**8 and under Division**	**2 KM**
☐	**Green**	**2009 or 2010**	**9 – 10 Division**	**3KM**
☐	**Yellow**	**2007 or 2008**	**11 – 12 Division**	**3 KM**
☐	**Blue**	**2005 or 2006**	**13 – 14 Division**	**4 KM**
☐	**Orange**	**2003 or 2004**	**15 – 16 Division**	**5 KM**
☐	**White**	**2001 or 2002**	**17 – 18 Division**	**5 KM**
☐	**White**	**1990 – 2000**	**OPEN**	**5 KM**
☐	**MASTERS**	**1989 or under**	**AGE _____**	**5 KM**