

**USATF Hawaii Association - 7/7/2017 to 7/8/2017**  
**2017 Open & Masters Championships Meet**  
**Clarence TC Ching Athletics Complex UH Manoa**  
**Results**

**Women 400 Meter Dash Open****Finals**

1	Vasquez, Michelle	W19	Leeward Track Cl	1:09.19
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**W30 100 Meter Dash Masters 30-34****Finals**

1	Porter, Essence	W30	Pacific Rim	13.55
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**Men 400 Meter Dash Open****Finals**

1	Pablo, Anthony Jr.	M20	Godspeed	53.82
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**Men 800 Meter Run Open****Finals**

1	Nakamura, Kenta	M20	Godspeed	2:36.04
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**Men 1500 Meter Run Open****Finals**

1	Hom, Scott	M21	Godspeed	5:05.31
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**Men 3000 Meter Run Open****Finals**

1	Hom, Scott	M21	Godspeed	12:30.0h
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**M60 100 Meter Dash Masters 60-64****Finals**

1	Mukai, Francis	M60	Hawaii Champs	14.46
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**M60 800 Meter Run Masters 60-64****Finals**

1	Heller, Ron	M60	Hawaii Masters	3:34.23
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**M60 1500 Meter Run Masters 60-64****Finals**

1	Heller, Ron	M60	Hawaii Masters	7:16.78
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**M60 Long Jump Masters 60-64****Finals**

1	Mukai, Francis	M60	Hawaii Champs	15-00.50
2	Reed, Geoffrey	M64	Unattached	12-06.25

**M60 Shot Put Masters 60-64****Finals**

1	Heller, Ron	M60	Hawaii Masters	6.56m
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**M65 800 Meter Run Masters 65-69****Finals**

1	Goudge, Derek	M67	Hawaii Masters	4:25.39
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**M65 Long Jump Masters 65-69****Finals**

1	Parker, Lionel	M68	Hawaii Masters	10-09.75
2	Nakasone, Alan	M68	Hawaii Masters	10-02.25

**M65 Triple Jump Masters 65-69****Finals**

1	Nakasone, Alan	M68	Hawaii Masters	23-04.00
2	Parker, Lionel	M68	Hawaii Masters	21-03.00

**M65 Shot Put Masters 65-69****Finals**

1	Parker, Lionel	M68	Hawaii Masters	7.09m
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**M70 3000 Meter Run Masters 70-74****Finals**

1	Williams, Stephen	M70	Unattached	12:11.0h
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**M70 5000 Meter Run Masters 70-74****Finals**

1	Williams, Stephen	M70	Unattached	22:02.0h
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